

“iCan”
Now, more than ever.



November Newsletter 2009

And the winner is...

On Wednesday, September 30th, the CFC held the third Federal Employee “Chili For Charity Chili Cook-off and Charity Fair”. The event hosted over 40 charities and 11 chili entries at the Downtown Federal Building. The charities were delighted to meet and greet with more than 350 federal employees, talk about their mission and promote the CFC campaign.

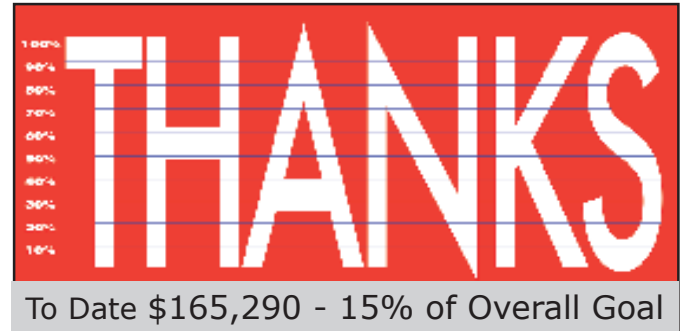
Guests enjoyed snacks from the nacho bar, gifts from local entertainment venues, take-a-ways from the charity tables, and voted for their favorite chili.

This was a close competition! Returning a second time as a chili competitor, the 2009 winner is Chris Galiotto of the Department of Veterans Affairs Pittsburgh Regional Office.

The CFC would like to thank the charities, the wonderful chefs and all who attended the kick-off event. We hope to see you next year at the 2010 Chili Cook-off...Do I smell redemption?



Congratulations to our “King of the Kidney Bean” Chris Galiotto of the Department of Veterans Affairs Pittsburgh Regional Office.



Campaign News

This year’s campaign has begun! As of October 29th, federal employees have raised \$165,290 with 571 donors. Thank you for your support!

Our goal is to raise \$1.1 million for local, national and international charities by the end of November. Help us to help others. You “CAN” make a difference.

If you are interested in donating to your favorite charity through the CFC, please contact the CFC office at 412-330-7667 or talk with your office’s CFC Keyworker.

Top 10 Reasons CFC Works For You

1. It’s your campaign.
2. The CFC is like a department store for charities (2500+ to choose from.)
3. It’s guaranteed. Our representatives screen each charity for accountability.
4. It can be customized to reflect your own beliefs, values & concerns.
5. It’s a cost effective way to donate.
6. A small monthly contribution adds up to a big annual gift.
7. Through CFC you can fund many needs.
8. You determine where your money goes by designating your gift.
9. Offers easy, convenient one-stop shopping.
10. You can say “I gave at the office” with pride.

The 3 Rivers/PA West Combined Federal Campaign Bulletin

Thank You 2009 Chili Chefs:

Chris Galiotto - Department of Veterans Affairs - Pittsburgh Regional Office
El Pollo Espantoso "The Terrifying Chicken"

Katie Harrison - US Courts
"My Favorite Things" Chili

Jennice Hill - US Customs & Border Protection
Border Chili is Back

Rich LoDuca - Goodwill Commercial Services
Bringin' the Heat - Again

Rufus Hewlett III - GSA
Rufus Sized Chili

Julie Wiles - DCAA
Holy Mole Chicken Chili

Eleanor Coffey - CDC NIOSH
Mennonite Special

Rosa Doherty, Andrea Kruzelyak & Susan Hudale - U.S. Probation & Pretrial
Outlaw Chili

Alain Johnson - ODAR
(Office of Disability Adjudication and Review)
Now that's Chicken Chili

Gloria Daniel & Denise Stefansyzn - US Army
Corps of Engineers
Simply Irresistible & Gloria's Revenge

Congratulations to second place winner Rich LoDuca of Goodwill Commercial Services.

Want to add your Charity to the CFC:

Do you know a charity that would like to become involved with the CFC? If so, please have them visit our website www.3riverscfc.org or call **412-330-7667** to learn how they can apply to be part of the 2010 campaign.

Applications for the 2010 campaign will be available on-line the end of February and the deadline to apply is April 2010. Charities must be a 501c3.

CFC Golf Event - Recap

The CFC Golf event was a success with beautiful weather, compliments of the NOAA, and more than 140 attendees! Held on September 25th at the beautiful Meadowink Golf Course in Murrysville, golfers enjoyed morning coffee, snacks, favors and a hot buffet dinner.

Golfers won various prizes, including an autographed picture of Arnold Palmer. Mulligan purchases raised more than \$100 for CFC charities!

Special thanks to Mark Wirick & Rich Mort for their dedication to the golf event. Mark & Rich graciously volunteered their time to make the golf event a success. Thank you Mark & Rich!

Congratulations to the winners of the 2009 CFC Golf Outing!

Low Gross Winners:

Dale Flohr - VA
Bob Tritch- VA
Dennis Notareschi - VA
Barry Vasbinder - VA

First Flight Winners:

Chris Ullom - VA
Wilson Sturgeon - VA
Dave Lynch - VA
Mike Barron - State of PA

Second Flight Winners:

Joanne Nemmer - IRS
Janet Nethen - IRS
Vickie McDevitt - IRS
Lisa Soncini - IRS

Interested in helping with the 2010 Golf Outing? Call Amy Ervin at 412-330-7667.



2009 Low Gross Winners

The 3 Rivers/PA West Combined Federal Campaign Bulletin

A Few Reminders Regarding the CFC:

THE CAMPAIGN IN THE 3 RIVERS/PENNSYLVANIA WEST REGION

The 3 Rivers/Pennsylvania West Combined Federal Campaign covers parts of Western Pennsylvania, Eastern Ohio and the West Virginia panhandle. We are the Federal Employee and Military annual fundraising effort representing hundreds of Local, National and International Charities. Our campaign region includes: Allegheny, Armstrong, Beaver, Butler, Clarion, Fayette, Forest, Greene, Lawrence, Mercer, Venango, Washington, and Westmoreland Counties (PA). Brooke, Hancock, Marshall, Ohio, and Wetzel Counties (WV). Belmont and Monroe Counties (OH).

DONOR DESIGNATIONS

Donors are encouraged to designate their gifts to specific organizations (up to five on form, use multiple forms for more charities) OR to federations that are listed in the Campaign Brochure. Designating gifts allows donors to channel contributions to those organizations that best represent their interests or concerns. If one chooses to designate a gift to a federation, the contribution is used to support the work of the federation or is shared with its affiliated agencies in accordance with the federation's policy. Designations may only be made to organizations that have been included in the Campaign Brochure. Write-ins are prohibited.

UNDESIGNATED FUNDS

Although donors are encouraged to designate their gifts to particular organizations or federations, and most do, it is not required. If one chooses to make a contribution but does not want to specify where that contribution is to go, the contribution will still be accepted. These undesignated funds are then shared among all of the organizations listed in the Campaign Brochure in the same proportion that the organizations received designations. Undesignated Code is 99999.

Note: If an organization listed in the brochure receives no designations by any donor, that agency will not receive any of the undesignated money either. Those who designate, in effect, are voting for distribution of undesignated monies.

REMINDER - CERTAIN AGENCIES CAN GIVE TO THE CFC THROUGH EMPLOYEE EXPRESS

Comptroller of the Currency
DOE - Office of Inspector General
Equal Employment Opportunity Commission
FAA
Federal Deposit Insurance Corporation
Federal Executive Board
Federal Railroad Administration
Fort Necessity National Battlefield
Geological Survey

GSA
Internal Revenue Service
International Trade Administration
National Labor Relations Board
Office of Surface Mining
Office of the Solicitor (Field)
OPM
Railroad Retirement Board
Small Business Administration

Item	Gift Value	Helps Provide
A candy bar per week	\$39	One hour to training for wildlife protection.
A soft drink and chips per week	\$72	Three weeks of food for a battered mother and child.
A movie per month	\$96	Research to cure a disease.
A specialty coffee per week	\$120	Fifteen nights of shelter for a homeless person.
A hamburger and fries per week	\$216	An electric wheelchair for an MS patient.
One gallon of gasoline per week	\$234	Vaccinations for 500 refugee children.

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171st Pennsylvania Air National Guard Announces Winner of its "King of the Kidney Bean"

On Friday, October 23rd, the 171st PA Air National Guard hosted its own Chili Cook Off and Charity Fair. With over 100 attendees and 18 charities, the event was a success.

Special thanks to all the 171st PA Air Guard Chili Cooks and volunteers.



Congratulations to First Place Chili Winner Ray Biddle (left) and Second Place Chili Winner Ty Schott (right).

Upcoming 3 Rivers/PA West CFC Events:

October 1 - December 15
CFC Solicitation

January - (Date to be determined)
CFC Awards Event

How Much Is an Appropriate Gift?

The appropriate gift is a matter of the person's conscience and resources:

- \$250 - \$449 - Silver level giver
- \$500 - \$749 - Gold level giver
- \$62.50 per month - Eagle Club giver
- \$83.34 per month - Golden Eagle Club giver
- Last Year's Local Average Annual Gift Was \$237.00 (\$19.75 per month)
- Last Year's National Average Annual Gift Was \$246.00 (\$20.50 per month)

Meet the Local Federal Coordinating Committee (LFCC)

The LFCC provides oversight for the local campaign in conformance with the CFC regulations and the policies established by OPM.

EXECUTIVE COMMITTEE

Colonel Michael P. Crall - US Army Corp of Engineers

Robert Cessar - First Assistant U.S. Attorney

Kim R. Siegert - National Labor Relations Board

Sharon Appel - OPM

George Buck - Pittsburgh Federal Executive Board

Michael Palus - U.S. District Court

Ginny Yelland - Veterans Affairs Butler

LFCC MEMBERS

Les Bennett - U.S. Postal Service (ret)

Richard W. Cotter - Veterans Affairs Butler

David Cowgill - VA Pittsburgh Healthcare System

Susie Dettore - Veterans Affairs Butler

Doug George - Veterans Affairs Butler

Richard Mort - IRS-Pittsburgh Post of Duty

Ron Nalepa - VA Regional Office

Jane Rahenkamp - U.S. Postal Service

Linda Reed - IRS-Pittsburgh Post of Duty

Lt Col (ret) Brian Schill - PA Air National Guard

Ginette Simpson - U.S. Postal Service

Debbie Storch - U.S. Environmental Protection Agency

Joyce Voynick - U.S. Army Corp of Engineers

Sue Wargo - CENTERS for Disease Control & Prevention

Michael Whitelock - U.S. Department of Housing & Urban Development

Lori Wiles - OPM - CHCMS Boyers

John Wozniak - Equal Employment Opportunity Commission